



IMPLANTS & ORAL SURGERY OF CHATTANOOGA

Post-Operative instructions: Implant

- Change gauze every 45 mins-1 hour until you see a light pink color. If you have persistent bleeding, dampen the provided teabag and place it over the area for 1 hour.
- Take medications as prescribed.
- If you were prescribed an antibiotic, take it as directed.
- Eat a soft, cold diet for the first 24 hours, then continue a soft food diet for the next 3-5 days. Do **NOT** chew on the side where your implant was placed.
- Do **NOT** use a straw for 7 days.
- Brush teeth gently and avoid surgical site(s)
- Start using Chlorhexidine mouth rinse the day after surgery. If you have a partial/denture, do **NOT** let the mouth rinse get on appliance. Mouth rinse can cause staining. If you were not prescribed a mouth rise, use warm salt water for th4e next 7 days.
- When using mouth rinse, do **NOT** swish or spit. Turn your head from side to side, then let mouth rinse fall out of your mouth.
- If healing collar was placed on your implant, it can become dislodged. Please contact our office as soon as possible so we can re-seat it promptly.
- If you have any questions or concerns, please give us a call or text at 423-296-8210.